

# Coaching Assistance

## National Coaching Certification Program (N.C.C.P)

The Canadian Soccer Association has initiated a new certification program called the “*Community Coach Certificate*”. This is aimed at coaches working with children, youth and senior players involved in recreational and competitive community club soccer. It consists of three parts; Children (6-10 years olds); Youth (divided into two separate age sections of 6-10 year olds and 10-14 year olds) and Senior (14 years old and older). A large part of the program is the creation of coaching units (1 unit = 45 min of instruction) to give coaches more active technical sessions. The children’s section is 10 units, youth section is 20 units and the senior section is 20 units (total 50 units approximately 5 days of instruction in total).

The N.C.C.P. New Technical Courses are instructed by the Saskatchewan Soccer Association. These courses are set-up each fall and spring for coaches to obtain their N.C.C.P. levels. To register contact the SASKATOON YOUTH SOCCER office (975-3413).

**Community Coach Child Technical Course 10 units:  
(Old Level II Technical Course)**

**April 17 – 18, 2009:**

Friday, April 17 – 6:00 – 9:00pm (CCC & CCY)

Friday, April 17 – 9:00 – 10:00pm CCC only

Saturday, April 18 – 8:00am – 12:00 noon CCC only

Location: Saskatoon, SaskTel Sports Centre

**Registration Deadline: Tues, April 7, 2009**

**Community Coach Youth Technical Course 20 units:  
(Old Level II Technical Course)**

**April 17 – 19, 2009:**

Friday, April 17 – 6:00 – 9:00pm (CCC & CCY)

Saturday, April 18 – 1:00 – 6:00pm CCY only

Sunday, April 19 – 8:00am – 3:00pm CCY only

Location: Saskatoon, SaskTel Sports Centre

**Registration Deadline: Tues, April 7, 2009**

**Community Coach Senior Technical Course 20 units:  
(Old Level III Technical Course)**

**May 1 – 3, 2009**

**Saskatoon SK ~ SaskTel Sports Centre**

Once a coach completes both the youth and senior courses he/she becomes a fully certified Community Coach (Full certification at the old Level 3). It is then recommended that this designation entitle the coach to coach a team at any age group, in any amateur competition/tournament at any club level.

Coaching for one full season following the completion of each specific technical and theory level attains the N.C.C.P. practical component. It is recommended therefore that coaches after taking the Community Coach Youth wait the 1 year period prior to taking the Community Coach Senior. The practical is verified by the Saskatchewan Soccer Association, head office in Regina, Saskatchewan. For further information on the new coaching requirements contact the S.S.A. Technical Office at (975-0862), or the web site: [www.sasksoccer.com](http://www.sasksoccer.com).

## Who You Are Licensed to Coach

Under 12 & Under 14 – All Divisions	Head Coach – Community Coach Child & Youth Asst. Coach – Community Coach Child & Youth
Under 16 & Under 18 – All Divisions	Head Coach – Full Community Coach (Child & Youth & Senior) Asst. Coach – Full Community Coach (Child & Youth & Senior)
PSL – Under 14, Under 16 & Under 18	Head Coach – Full Community Coach (Child & Youth & Senior) Asst. Coach – Full Community Coach (Child & Youth & Senior)

# **National Coaching Certification Program (N.C.C.P)**

Administered by Saskatoon Youth Soccer and Saskatchewan Soccer Association

The Community Coach Certification Process is aimed for the coaches working with children, youth and senior players who are involved in both recreational and competitive community soccer clubs. The following is a break down of each level in the coaching process:

<b>Community Course – Child</b>	Completion of the Child Course totaling of 10 units (6-10 age group) 1 Day in Duration	Covers the following: <ul style="list-style-type: none"><li>• Stages of development</li><li>• Practice sessions for 6-8 year olds</li><li>• Role of coach and ethical decision making</li><li>• Practice sessions for 8-10 year olds</li><li>• Safety and liability</li></ul>
<b>Community Course – Youth</b>	Completion of the Youth Course totaling of 20 units (10-14 age group) 2 Days in Duration	Covers the following: <ul style="list-style-type: none"><li>• Introduction to the game</li><li>• Stages of development</li><li>• Role of the coach</li><li>• Practice sessions for 10-12 year olds</li><li>• Safety, injuries and liability</li><li>• Practice sessions for 12-14 year olds</li><li>• Ethical decision making</li><li>• Practice sessions for team development</li><li>• Goal keeping</li></ul>
<b>Community Course – Senior</b>	Completion of the Adult Course totaling of 20 units (14 years and older) 2 Days in Duration	Covers the following: <ul style="list-style-type: none"><li>• Introduction to the game</li><li>• Role of the coach</li><li>• Conditioning</li><li>• Safety, injuries and liability</li><li>• Goal keeping</li><li>• Advanced techniques</li><li>• Set plays</li><li>• Attacking principles</li><li>• Ethical decision making</li><li>• Defending Principles</li></ul>

## **Community Coach Certification:**

Completion of the Child, Youth and Adult Courses totaling of 50 units